



Cincinnati SportsMedicine
& Orthopaedic Center



Sportsmetrics™ Certification Course Curriculum Agenda

Thursday, May 24, 2018

2:00 pm – 7:00 pm

2:00 – 2:15	Introduction & Welcome	Stephanie Smith, MS
2:15 – 3:00	Sports Injury Testing Cincinnati Sportsmetrics™ Normative Data	Stephanie Smith, MS
3:00 – 3:45	Practicum: Video Analysis, Digitizing & Report Creation	Stephanie Smith, MS Tommy Campbell, BA
3:45 – 4:00	Break (Lite Snack Provided)	
4:00 – 6:00	Training Overview: Program Defined/Demo Warm-up/Jump Training/Flexibility	Stephanie Smith, MS
6:00 – 7:00	Strength and Speed Training Recommendations	Al Ducker, ATC, CSCS

Friday, May 25, 2018

7:30 am – 4:00 pm

7:30 – 9:30	Injury Prevention Development, Research and ACL Mechanism of Injury, Q & A	Frank R. Noyes, M.D.
9:30 – 9:45	Break	
9:45 – 10:30	Innovative Therapeutic Interventions for Knee Rehabilitation	George Davies, DPT, MEd, P.T., ATC
10:30 – 10:45	Break	
10:45 – 11:30	Implementation	Tommy Campbell, BA
11:30 – 12:15	Marketing Sportsmetrics™ Materials & Requirements	Tommy Campbell, BA
12:15 – 1:00	Break (Lunch Provided) Clinical Site Q & A	
1:00 – 1:30	Sportsmetrics™ Speed & Conditioning Demo and Practice	Faculty
1:30 – 2:45	Training Review: Participation & Mock Instruction	Faculty
2:45 – 4:00	Certification Practical & Written Exam	Faculty