Cystic degeneration of the patella after arthroscopic chondroplasty and subchondral bone perforation

Reference List

Abstract: Chondromalacia of the patella is frequently encountered in patients with anterior knee pain. Arthroscopic chondroplasty with perforation of subchondral bone remains a popular treatment alternative in spite of the inferior mechanical properties of the fibrocartilaginous tissue that this procedure is designed to promote. We report a case of cystic degeneration of the patella as a previously unrecognized complication following the procedure.