

**July - Dr. Lindenfeld's Meniscus Repair and Treatment of Arthrofibrosis Orthopaedic Textbook Chapters Selected for "Best of Sports Medicine"**

The American Academy of Orthopaedic Surgeons (AAOS) recently released an orthopaedic textbook, "Instructional Course Lectures: The Best of Sports Medicine". This textbook features a collection of 42 of the most popular sports medicine lectures presented at the Academy's Annual Meeting over the past 5 years. Published cooperatively with the American Orthopaedic Society for Sports Medicine, this textbook focuses on the most important topics that currently face sports medicine clinicians. Two of the chapters selected were written by Thomas Lindenfeld, M.D. of Cincinnati SportsMedicine and Orthopaedic Center. "Inside-Out Meniscus Repair", originally published in 2005, describes the operative technique of salvaging meniscal tissue. "Surgical Treatment of Arthrofibrosis of the Knee", originally published in 2000, describes the causes of arthrofibrosis and loss of knee motion after surgery, including the clinical symptoms, the pathologic findings, and the potential adverse effects of a permanent arthrofibrosis. The surgical treatment for this condition is detailed for the surgeon and a postoperative rehabilitation program is provided.