

# Cincinnati SportsMedicine & Orthopaedic Center

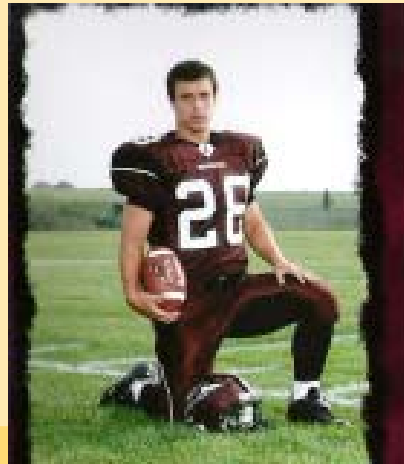
## A Nationally Recognized Center of Excellence

### Advanced Minimally-Invasive Shoulder Repair Leads to Leading Score

With encouragement from friends and football teammates at Lebanon High School sophomore Nathan Woods thought he would give wrestling a try following his freshman football season. It seemed like a good idea since he wasn't injury prone and thought it would be fun. "I played football since I was in third grade and never got hurt," says Woods. "The wrestling season was going well but then with two weeks left, during a match I got picked up and flipped backwards and landed on my shoulder. I got up and couldn't use my left arm, but still wrestled in two more matches. I didn't think it was anything serious."

The Lebanon High School athletic trainer thought otherwise and sent him to see Dr. Marc Galloway, orthopaedic surgeon and sports medicine specialist at Cincinnati Sports Medicine and Orthopaedic Center. Nathan's mother, Christina, was instantly comfortable with Dr. Galloway. "He was cautious and gave us a recommendation from the perspective if Nathan was his own son," remembered Christina. "That meant a lot to us so she when Dr. Galloway told them surgery was the best option to repair Nathan's torn shoulder ligaments, we felt very comfortable."

Dr. Galloway used a minimally invasive approach to treat the injury. "Nathan dislocated his shoulder, tearing the ligaments off of the bone," says Dr. Mark Galloway, orthopaedic surgeon and fellowship-trained sports medicine specialist at Cincinnati SportsMedicine and Orthopaedic Center. "We were able to repair the ligaments through 3 small incisions using the arthroscope. This technique is done as an outpatient and avoids a lot of the pain and stiffness that occurs with older techniques."



**"Dr. Galloway was great and I'm glad he was there to help me."**

*- Nathan Woods*

Nathan had to patiently follow Dr. Galloway's post-operative recommendation and delay any rigorous activity for five months. The wait was worth it. Dr. Galloway cleared Nathan to play just before the start of his sophomore season and it appears the wait was worth it. Woods is having a great season. "I'm the leading scorer on the varsity team," comments Woods. "Dr. Galloway was great and I'm glad he was there to help me. I actually feel like I never had surgery at all." As far as wrestling, Woods says he'll stick with football, to him, the much safer sport



**Dr. Marc Galloway**

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Specialty Interests:

*Sports medicine,  
arthroscopic shoulder,  
elbow and knee surgery.*